

DIMER DIABETES 2023

İSTANBUL MEDENİYET
ÜNİVERSİTESİ



Postgraduate Course in Advanced Diabetes

NOVEMBER 2-5, 2023
XANADU RESORT HOTEL ANTALYA

DAY 1 2ND OF NOVEMBER, THURSDAY

14:00 – 14:15 **OPENING CEREMONY**

Speaker: Prof. Dr. Mustafa KANAT

14:15 – 16:00 **SESSION I - PREDIABETES**

Chair: Prof. Dr. İlhan SATMAN

14:15 – 14:45 **High-Risk Individuals: Definitions and Diagnosis**

Speaker: Prof. Dr. Jaakko TUOMILEHTO

14:45 – 15:15 **Lifestyle Intervention is Sufficient for Prevention of T2DM (Debate)**

Speaker: Prof. Dr. Jaakko TUOMILEHTO

15:15 – 15:45 **Pharmacological Treatment Required for Prevention of T2DM (Debate)**

Speaker: Prof. Dr. Muhammad ABDUL-GHANI

15:45 – 16:00 **Q&A**

16:00 – 16:15 **COFFEE BREAK**



16:15 – 18:15 **SESSION II - OBESITY**

Chair: Prof. Dr. Muhammad ABDUL-GHANI

16:15 – 16:45 **The Genetic Architecture of Obesity in Humans**

Speaker: Prof. Dr. Fatima Cody STANFORD

16:45 – 17:15 **The Effect of Bariatric Surgery on Diabetes Remission and Long-term Cardiovascular Events**

Speaker: Prof. Dr. Mustafa ŞAHİN

17:15 – 18:00 **Pharmacologic Therapy of Obesity**

Speaker: Prof. Dr. Fatima Cody STANFORD

18:00 – 18:15 **Q&A**

09:00 – 10:00 SESSION III - PLENARY LECTURE**Chair:** Prof. Dr. Hannele YKI-JÄRVINEN**09:00 – 09:45** **Plenary Lecture: Pathophysiologic Approach to Therapy in T2DM****Speaker:** Prof. Dr. Ralph DEFRONZO**09:45 – 10:00** **Q&A****10:00 – 10:15** **COFFEE BREAK****10:15 – 11:15** SESSION IV - THE GENES AND DIABETES**Chair:** Prof. Dr. Hasan İLKÖVA**10:15 – 11:00** **The Genetic Architecture of Type 2 Diabetes****Speaker:** Prof. Dr. Valeriya LYSENKO**11:00 – 11:15** **Q&A****11:15 – 12:30** SESSION V - THE PLACE OF GLP-1 RA IN T2DM**Chair:** Prof. Dr. Muhammad ABDUL-GHANI**11:15 – 11:45** **Glucose Control and Beyond****Speaker:** Prof. Dr. Jens Juul HOLST**11:45 – 12:15** **Dual and Triple Peptides: What Does it Promise?****Speaker:** Prof. Dr. Jens Juul HOLST**12:15 – 12:30** **Q&A****12:30 – 13:30** **LUNCH BREAK****13:30-14:30** SESSION VI - DIABETES COMPLICATIONS**Chair:** Prof. Dr. Dilek GOGAS YAVUZ**13:30 – 14:15** **Update on the Diagnosis and Management of Diabetic Neuropath****Speaker:** Prof. Dr. Rayaz MALIK**14:15 – 14:30** **Q&A****14:30 – 14:45** **COFFEE BREAK**

14:45 - 15:40 SESSION VII - THIAZOLIDINEDIONES & T2DM

Chair: Prof. Dr. Rayaz MALIK

14:45 - 15:25 **Thiazolidinediones in the Treatment of Type 2 Diabetes Mellitus: Past, Present and Future**

Speaker: Prof. Dr. Ralph DEFRONZO

15:25 - 15:40 **Q&A**

15:40 - 16:35 SESSION - VIII INSULIN THERAPY IN T2DM

Chair: Prof. Dr. Mustafa KANAT

15:40 - 16:20 **When Does a Type 2 Diabetes Patient Need Insulin?**

Speaker: Prof. Dr. Muhammad ABDUL-GHANI

16:20 - 16:35 **Q&A**

16:35-16:45 **COFFEE BREAK**



16:45 - 17:45 SESSION IX - DIABETES COMPLICATIONS

Chair: Prof. Dr. Mehmet AĞIRBAŞLI

16:45 - 17:30 **Old Challenges and New Hopes in Heart Failure**

Speaker: Prof. Dr. Stefano Del PRATO

17:30 - 17:45 **Q&A**

DAY 3

4th OF NOVEMBER, SATURDAY

09:00 – 11:00 SESSION X - SGLT2I & T2DM

Chair: Prof. Dr. Hasan İLKOVA

09:00 – 09:45 **Novel Mechanisms of Diabetic Kidney Disease**

Speaker: Prof. Dr. Ralph DEFRONZO

09:45 – 10:15 **Mechanisms of Actions of SGLT2i & T2DM**

Speaker: Prof. Dr. Muhammad ABDUL-GHANI

10:15 – 10:45 **Cardio-renal Protection of SGLT2i & T2DM**

Speaker: Prof. Dr. Tevfik ECDER

10:45 – 11:00 **Q&A**

11:00 – 11:15 **COFFEE BREAK**



11:15 – 12:00 SATELLITE SYMPOSIUM I

11:15 – 12:00 **Make Protection Your Superpower with Jardiance**

Speakers: Prof. Dr. Mehmet Birhan YILMAZ,
Prof. Dr. Tevfik ECDER, Prof. Dr. Oğuzhan DEYNELİ



12:00 – 13:00 LUNCH BREAK



13:00 – 14:15 SESSION XI - FATTY LİVER

Chair: Prof. Dr. Oğuzhan DEYNELİ

13:00 – 14:00 **Update on NAFLD, NASH and Diabetes**

Speaker: Prof. Dr. Hannele YKI-JÄRVINEN

14:00 – 14:15 **Q&A**

14:15 – 14:30 COFFEE BREAK



14:30 – 15:15 SESSION XII - MONOGENIC DIABETES

Chair: Prof. Dr. İlhan SATMAN

14:30 – 15:00 **Monogenic Diabetes**

Speaker: Prof. Dr. Valeriya LYSSENKO

15:00 – 15:15 **Q&A**

15:15 – 16:15 SESSION XIII - CASE STUDY

Chair: Prof. Dr. Mustafa KANAT

15:15 – 16:15 **Case Study I**

Speaker: Prof. Dr. Muhammad ABDUL-GHANI

16:15 – 16:30 COFFEE BREAK



16:30 – 17:30 SESSION XIV - CARDIOVASCULAR EVENTS AND DIABETES

Chair: Prof. Dr. Rayaz MALIK

16:30 – 17:15 **How Can We Prevent Cardiovascular Events in T2DM**

Speaker: Prof. Dr. Stefano Del PRATO

17:15 – 17:30 **Q&A**

17:30 – 18:30 SESSION XV - T1DM MANAGEMENT AND TECHNOLOGY

Chair: Prof. Dr. Oğuzhan DEYNELİ

17:30 – 18:15 **T1DM Management and Technology**

Speaker: Prof. Dr. Paolo POZZILI

18:15 – 18:30 **Q&A**

09:00 – 10:00 SESSION XVI - SUBGROUPS OF DIABETES**Chair:** Prof. Dr. Muhammad ABDUL-GHANI**09:00 – 09:45 Subgroups of Diabetes
Novel Subgroups of Adult - Onset Diabetes****Speaker:** Prof. Dr. Dilek GOGAS YAVUZ**09:45 – 10:00 Q&A****10:00 – 11:25 SESSION XVII - MANAGEMENT OF DIABETIC FOOT****Chair:** Prof. Dr. Fatih TANRIVERDİ**10:00 – 10:30 Seeking Solutions in Patients with Diabetic Foot****Speaker:** Prof. Dr. Muzaffer ALTINDAŞ**10:30 – 10:50 Diabetic Foot Through the Eyes of a Vascular Surgeon****Speaker:** Prof. Dr. Korhan ERKANLI**10:50 – 11:10 Antimicrobial Therapy in Diabetic Foot****Speaker:** Prof. Dr. Ali MERT**11:10 – 11:25 Q&A****11:25 – 12:25 SESSION XVIII - CASE STUDY****Chair:** Prof. Dr. Fatih TANRIVERDİ**11:25 – 12:25 Case Study II****Speaker:** Prof. Dr. Muhammad ABDUL-GHANI**11:25 – 13:25 SESSION XIX - ORAL ABSTRACT PRESENTATIONS****Chairs:** Prof. Dr. Doğan Nasır BİNİCİ, Ass. Prof. Dr. İrfan NUHOĞLU**13:25-13:40 CLOSING REMARKS**

Postgraduate Course Faculty

Prof. Dr. Ralph DEFRONZO, USA
Prof. Dr. Mustafa KANAT, Turkey
Prof. Dr. Stefano Del PRATO, Italy
Prof. Dr. Fatima Cody STANFORD, USA
Prof. Dr. İlhan SATMAN, Turkey
Prof. Dr. Hasan İLKOVA, Turkey
Prof. Dr. Muhammad ABDUL-GHANI, USA
Prof. Dr. Tefvik ECDER, Turkey
Prof. Dr. Paolo POZZILI, Italy
Prof. Dr. Dilek GOGAS YAVUZ, Turkey
Prof. Dr. Rayaz MALIK, Qatar
Prof. Dr. Oğuzhan DEYNELİ, Turkey
Prof. Dr. Mehmet AĞIRBAŞLI, Turkey
Prof. Dr. Jaakko TUOMILEHTO, Finland
Prof. Dr. Fatih TANRIVERDİ, Turkey
Prof. Dr. Mustafa ŞAHİN, Turkey
Prof. Dr. Hannele YKI-JÂRVINEN, Finland
Prof. Dr. Valeriya LYSENKO, Sweden
Prof. Dr. Jens Juul HOLST, Denmark
Prof. Dr. Muzaffer ALTINDAŞ, Turkey
Prof. Dr. Ali MERT, Turkey
Prof. Dr. Korhan ERKANLI, Turkey
Prof. Dr. Doğan Nasır BİNİCİ
Ass. Prof. Dr. İrfan NUHOĞLU, Turkey